

# FROM SAN RAMON

Volume 31, Number 7 March 2015

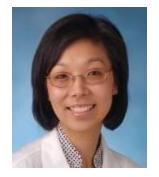
## How to Care for Our Skin: Answers for Everyone

Thursday, March 26 at 7:00 PM

Featuring:



Kathy Napoli Registered Dietitian and Nutritionist



Dr. Cynthia Mates Dermatologist

San Ramon Library Community Room
Open to the Public

(See page 4 for details)

#### AAUW MISSION AND DIVERSITY STATEMENTS

American Association of University Women advances equity for women and girls through advocacy, education, philanthropy, and research. AAUW values and seeks a diverse membership. There shall be no barriers to full participation on the basis of gender, race, creed, age, sexual orientation, national origin, disability or class.

#### 2014-15 Board

#### PRESIDENT, IMMEDIATE PAST PRESIDENT

Cindy Alpert

#### PRESIDENT ELECT

**OPEN** 

**VP PROGRAM** 

Margie Goldware

#### **CO-VP MEMBERSHIP**

Arlene Chang Millie Kessler

VP AAUW FUNDS

**OPEN** 

#### CO-VP LOCAL SCHOLARSHIP

Julie Gin Susan Walker-Christensen

**VP FINANCE** 

Claire Mailhiot

#### RECORDING SECRETARY

Sandie Alex

#### **AAUW San Ramon Information**

#### Websites:

Branch Website: www.sanramon-ca.aauw.net

Webmaster: Isabel Lau

Association website: www.aauw.org CA State website: www.aauw-ca.org

#### **Branch mailing address:**

P.O. Box 336, San Ramon, CA 94583

#### **Branch email address:**

aauwsr@gmail.com

#### Facebook:

San Ramon University Women/AAUW

#### **Appointed Officers**

#### ART & WIND FESTIVAL

Debra Marconi

#### COMMUNICATION

Isabel Lau

#### **CORRESPONDING SECRETARY**

Lois Kamoroff

#### **HOSPITALITY/FELLOWSHIP**

Betsy Hoffmann

#### **NEWSLETTER**

Marsha Froines Carol Lombardi

#### **PARLIAMENTARIAN**

**OPEN** 

#### **PUBLIC POLICY**

Susan Beyerle

#### **TECH TREK**

Jeanne Benedetti Debra Marconi

#### **TELEPHONE TREE**

Renee Coles Lois Kamoroff



#### President's Pen

#### Greetings!

The next few months will be busy for our branch. We have interesting programs planned, fun fundraisers to support, leaders to elect, and social time to embrace. All of this is not possible without your support!

A big thank you to Margie Goldware for planning a very interesting and well attended February program. We heard award-winning author Nayomi Munaweera speak about writing her book *Island of a Thousand Mirrors*. The program was well attended. We may have two or three new members to welcome, too! Please see Margie's article with more information about the **March Program**—Improving your Skin Care Regiment at Any Age.

April and May will include "fun" draisers to support the various scholarship programs for girls and young women. Please check your schedules and then volunteer to help or attend one or all! Look for announcements and flyers on each fundraiser: April 20 is Gianni's restaurant; April 25 is our Garage Sale; Friday, May 1 is our Fiesta Party; and May 24 and 25 is our annual Ice Cream Sale at the San Ramon Art & Wind Festival. Funds from these events will be allocated to our Tech Trek camperships, college scholarships, and AAUW Funds. We appreciate your support!

If you are interested in developing your leadership skills, please consider attending the AAUW-CA sponsored **Leadership Development Day** at Hayward City Hall on March 21. This is open to all members and looks to be a full day of great workshops. Please see the separate announcement with registration details.

Be sure to vote! AAUW (National) elections will be open April 15–May 26, and AAUW-CA will hold elections April 18–May 8. Both elections will include new Board(s) of Directors officers as well as important by-law changes. Please look for a separate e-mail from each organization with important information on how to submit your vote.

Our Branch Nominating Committee is busy looking for people to step into our leadership positions. It takes a great team of dedicated people to keep the branch operating effectively. I encourage you to consider volunteering for a position—it is another way to support the branch and help us continue to move forward.

Lastly, thank you to all the members who helped Debbie Marconi during her cancer treatments. This is a true gift of friendship you shared with her and her family.

Hope to see you at one of our many upcoming events!

Cindy Alpert President

#### **Tech Trek**



You Can Grasp Your Dream

#### **Status Report**

We received 51 nominations from the STEM teachers at our four San Ramon middle schools—Iron Horse, Gale Ranch, Pine Valley, and Windemere Ranch. By the deadline, we had received a huge total of 34 Tech Trek applications from young women who are all excited about the opportunity to become a Tech Trek camper.

The Tech Trek applications and essays are now in the hands of Stella Hadjimarkos and her subcommittee to begin reading and scoring so we can select those camper candidates to be invited in for a face-to-face interview.

The Tech Trek committee strives to send six girls to camp again this coming June. Therefore, we urge all members to support our branch fundraisers: the "Tips for Change" event at Gianni's Italian Bistro on Monday, April 20 as well as the branch garage sale at the Bollinger Hills Community Garage Sale on Saturday, April 25.

We'll keep you posted on our progress. Thank you in advance for your support. We appreciate it!

Jeanne Benedetti Co-Chairwoman, Tech Trek with Debra Marconi

#### **March Birthdays**

Julie Gin	3/03
Jeanne Benedetti	3/09
Marjorie Dawdy	3/10
Pat Deys	3/11
Teresa Kalashian	3/13
Stuart Goldware	3/16
Faye Isaacson	3/19
Beverly Kleyn	3/23
Joy Perkins	3/31

#### **Program**

How to Care for Our Skin: Answers for Everyone

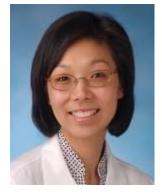
Thursday, March 26 7:00 PM

Featuring:
Kathy Napoli
Registered Dietician and Nutritionist



and

Dr. Cynthia Mates
Dermatologist



San Ramon Library Community Room 100 Montgomery Street, San Ramon

#### Open to the Public

Got questions about your skin? Treat yourself to this program and learn from two expert perspectives! Kathy Napoli, noted Alamo nutritionist, will let us in on some special ways to keep our skin looking fresh and vibrant as we age. And Dr. Cynthia Mates, a dermatologist with Kaiser San Ramon who specializes in treatments for problem skin issues, will discuss the types of medical procedures currently available to help revise our current

skin appearance. As always, the public is welcome. Bring your friends!

The San Ramon Library, the San Ramon Library Foundation, and the San Ramon Branch of AAUW bring this program to you.

Looking forward to seeing you there!

Margie Goldware Vice President, Program

## Danville-Alamo-Walnut Creek Branch Celebrates International Women's Day

Saturday, March 7 9:30 AM–12:00 PM

1001 El Capitan Drive, Danville

RSVP to Asha Kirin

Four cultures and recent grassroots movements in India, Chile, Africa, and the Middle East will be showcased. Please join us for an informative and entertaining morning.

International Women's Day will be celebrated worldwide on March 8 in honor of working women and women's struggles everywhere. It should be a real source of pride and inspiration to American women that this special day originated in honor of two all-women strikes in the United States.

If you have any questions about the program, contact Asha.

Submitted by Tena Gallagher, Publicity Chair for Danville-Alamo-Walnut Creek Branch of AAUW



#### Membership



#### **Membership Matters**

What? Spring already? We have a spring calendar packed with events—be sure to check out the calendar—and each one is an opportunity to reach out to others about the AAUW mission and benefits of membership. The February event at the library with author Nayomi Munaweera was well attended, and we talked to quite a few interesting women!

Looking for a great graduation present? Spring is graduation season, and AAUW has a terrific gift suggestion for the graduates in your life. Give a free AAUW membership through our Give a Grad a Gift program. As a member, you can give a one-year national AAUW membership to recent college graduates—at no cost to you or them. What better way to introduce college women to AAUW?

Actually, anyone who graduated within the last two years is eligible, so don't forget interns or student teachers you know. Give them a free, one-year membership in honor of their accomplishments. If the link above doesn't work, log on to the National website at <a href="https://www.aauw.org">www.aauw.org</a> and put "give a grad a gift" in the search box.

Renewal season is almost here. AAUW membership follows the fiscal calendar and runs from July 1 to June 30 of the following year. We will begin accepting renewals after March 16 for 2015–2016. Note that State dues have increased to \$20. National and Branch dues are the same as last year. Break it down? \$49 for National, \$20 for AAUW CA, and \$20 for San Ramon Branch equals a total of \$89. Be assured it is a worthwhile investment!

Millie Kessler Co-Vice President, Membership with Arlene Chang



## Women's History Month Event Diablo Valley College

Presentation by Professor Linda Gordon (NYU)

The Life and Works of

Photojournalist Dorothea Lange

Pleasant Hill Campus
Diablo Room
321 Golf Club Road, Pleasant Hill
Wednesday, March 18 at 12:30 PM

**FREE** 

Professor Linda Gordon (NYU) will speak about Dorothea Lange to commemorate the 50th anniversary of Lange's death. Gordon is the author of the award-winning book *Dorothea Lange: A Life Beyond Limits* (2009). Professor Gordon has won many prestigious awards, including Guggenheim, NEH, ACLS, Radcliffe Institute, and the New York Public Library's Cullman Center fellowships.

Dorothea Lange (May 25, 1895–October 11, 1965) was an influential American documentary photographer and photojournalist, best known for her Depression Era work for the Farm Security Administration. Lange's photographs humanized the consequences of the Great Depression and influenced the development of documentary photography. She was educated in photography at Columbia University in New York City and moved to San Francisco where she opened a portrait studio. She later moved to Berkeley, where she began her work photographing the poor and forgotten during the Depression. Her poignant images became icons of the era.



The program is open to AAUW members, guests, and the general public. The DVC History Department, NOW, and Contra Costa AAUW IBC sponsor it.

Cindy Alpert, President

#### **Public Policy**



#### The President's 2016 Budget

The \$4 trillion FY16 budget includes several new initiatives and focuses on the middle-class economics highlighted in last month's State of the Union address such as a plan for free community college for some students, expanded access to early childhood education and child care, and greater investments in paid family leave. Unfortunately, the Women's Educational Equity Act, an AAUW priority authorizing grants to support Title IX compliance, continues to receive no funding under the FY16 budget. Also, the administration again zeroed out support for the Women in Apprenticeship and Nontraditional Occupations (WANTO) grants, a program to move women into nontraditional fields. Learn more about AAUW's analysis of the budget in this link.

#### The Economy Gets to Work

The Department of Labor reported that the economy added 257,000 jobs in January, continuing the 2014 trend in employment gains. The labor force increased by 703,000 people, and there was a slight increase in the unemployment rate to 5.7 percent.

#### AAUW-Supported Legislation Recently Introduced in Congress

<u>Safe Relationships Act of 2015</u> would include information on preventing sexual assault, domestic violence, and dating violence in public health education classes, with the aim to curb sexual harassment and violence in schools.

<u>Providing Resources Early for Kids (PRE-K) Act</u> would expand access to high-quality early learning programs for children. This important legislation will ensure that all children can start kindergarten with a strong foundation.

<u>Safe Schools Improvement Act (SSIA)</u> would ensure that states and school districts develop comprehensive, enumerated anti-bullying and anti-harassment policies that cover all students, including students who do not conform to gender stereotype.

#### **ESEA** at Your Fingertips

The Senate Health, Education, Labor and Pensions committee recently held its second hearing about the Elementary and Secondary Education Act (ESEA), also known as No Child Left Behind (NCLB). The hearing focused on ways to evaluate teachers. Over two weeks, AAUW Action Fund Lobby Corps volunteers advocated on Capitol Hill for principles regarding ESEA reauthorization. For AAUW's position on ESEA, check

out the following online resources:

AAUW's Quick Facts on ESEA: <a href="http://www.aauw.org/resource/quick-facts-on-the-">http://www.aauw.org/resource/quick-facts-on-the-</a>

http://www.aauw.org/resource/quick-facts-on-theelementary-and-secondary-education-act/.

AAUW's Letter to the Senate Expressing Our Position on ESEA Reauthorization:

http://www.aauw.org/resource/letter-to-the-senate-onesea/

Shared Civil Rights Principles for ESEA, which AAUW has signed: <a href="http://civilrightsdocs.info/pdf/education/ESEA-principles.pdf">http://civilrightsdocs.info/pdf/education/ESEA-principles.pdf</a>

Susan Beyerle Public Policy



April 25, 2015 70 Mesquite Lane

Do you have gently used household items that need to find a new home? Dishes, furniture, bikes, exercise equipment, books, DVDs, clothing, luggage...
you deliver it, we'll try to sell it!

The Board of Directors supports this event as a fundraiser for Tech Trek and Scholarships. All proceeds from items sold at the Garage Sale will go toward these programs.

This sale is part of the Bollinger Hills Neighborhood event.

Items to be sold can be dropped off at Claire's house (70 Mesquite Lane, San Ramon) starting Thursday, April 23 after 7:00 PM. Items will be accepted through Friday, April 24 at 8:00 PM. To coordinate a daytime drop-off, please contact Claire.

We need help to sort saleable items, set up for the event, staff the event, and take down after the event.

PLEASE volunteer your time to support your branch!

Contact Cindy to volunteer your time and/or donate your saleable items.

Thank you!

#### **Local Scholarship**



#### **Nickels for Non-Profits Update**

Local Scholarship is delighted to announce that our branch received a check from Whole Foods Market for \$1,602.45. We were selected as the non-profit organization to benefit from the Nickels for Non-Profits program from November 17, 2014 through January 17, 2015.

We want to thank our members for their support by shopping at Whole Foods and bringing their recyclable bags to pack their groceries. Customers who bring their own bags are given the option of taking a five-cent discount for each bag or donating the five cents to a non-profit organization, which in this case was our branch. It took many nickels to earn \$1,602.45. The funds earned will cover one scholarship and part of another.

A big thank you to Whole Foods Market for selecting our branch and partnering with us for this fundraiser. We look forward to working with them again in the future.

#### **High School Scholarships Update**

Applications for the local scholarship awards have been distributed to California High, Dougherty Valley High, and Venture Schools. In addition, the application is posted on the San Ramon AAUW website.

Qualifications: Applicant must be a female resident of San Ramon and plan to attend an accredited four-year college or university in the fall of 2015. The awards are based on scholastic achievement, test scores, educational goals, community and campus involvement, and financial need. The due date for completed application packets is April 3, 2015.

Again, we want to thank all of our members who have supported our fundraisers throughout the year—our annual Silent Auction/Holiday Gala, Alameda County Fair volunteer time, Whole Foods Nickels for Non-Profits, etc. Your continued support and generosity has a direct and positive impact on the lives of the young women who are our scholarship recipients, both for the local high schools and the CSU East Bay Renaissance Scholars.

#### 2014 Scholarship Recipient Update

We recently received an update from Claire Williamson, one of our 2014 California High School scholarship recipients. She has been attending Oregon State University. Her e-mail appears below.

Hi Susan and Ladies of AAUW,

I first wanted to thank you again for the scholarship you awarded me with. It has helped a lot!

My first term here at school went great! I ended with a

GPA of 3.58 after taking 14 credits. I took an American History class, French class, Communications class, and an Internship class for the Student Government here on campus (ASOSU).

I also pledged into a sorority, Chi Omega.

I am now going into my seventh week of my second term and I have been initiated into the Chi Omega sisterhood. I have gotten a part time job in the Chemistry Department office as a student worker.

This term I am enrolled in French, Country Western Dance, Purpose of Education in Democracy, American History, and a health class. All the classes add up to 15 credits.

I have had such a fun time here at Oregon State and I have made so many great memories so far. I am however leaving Oregon State University after this term. The tuition and living expenses are too expensive and I cannot keep up with the cost. My family has moved to Arizona, so I will be moving home to Arizona to live with my family and to find a full time job. I hope to make enough money to pay off all the costs from Oregon State and then hopefully save enough to help with my future education. While living at home, I plan to take a few classes at the community college in Mesa, AZ. I am also planning to apply to Arizona State University, Northern Arizona University, and the University of Arizona. All three of these schools have Chi Omega chapters so I will continue with my sorority when I begin going back to school full time. I plan to start at one of the universities in the fall of 2015.

Thank you again for the generous scholarship!

Thank You, Claire Williamson

#### Renaissance Scholars Update

Pat Campbell and I met with our two Renaissance Scholar scholarship recipients (Jessica Schaffer and Yuuki Shion) in February to present them with their second check and to update their current personal and academic status. Both young ladies report that, academically, they did well in the fall quarter (A's and B's). As an English major, Yuuki was eager to report that she has reached over the 90 unit level officially and is now eligible to take the Writing Skills Test (a graduation requirement). Currently, her favorite class is Creative Fiction (except that it meets once a week from 6:30-10:00 PM!). Jessica continues to enjoy her Sociology major (with a Criminal Justice minor). She is hoping to find a paid internship in this field in the summer, along with continuing to work at Big 5. She was very positive about how supportive and flexible Big 5 has been with her school schedule.

Julie Gin and Susan Walker-Christensen Co-Vice Presidents, Local Scholarship

#### **AAUW CA Northern California Leadership Day!**

### Developing the Leader in

March 21, 2015 9:30 AM to 3:30 PM

Hayward City Hall 777 B Street Hayward, CA

#### **Our Workshop Topics**

- Alternate Governance, Leadership Models
- Facilitating Effective Meetings
- Strategic Planning and Goal Setting
- Building a Team, Delegating
- Conflict Resolution, Feedback, Proactive Listening
- Mentoring and Supporting Leaders
- Managing Change, Being a Change Leader

Lunch included with registration!

Registration deadline is March 15. Sign up now to reserve your spot! Free parking!

Cost is \$60 per person (includes materials and lunch)
Please register online: http://www.aauw-ca.org/

Leadership Development is a priority for AAUW. This event is open to all AAUW members. Presenters will include leaders from the State and National organizations. Come meet other AAUW members interested in developing leadership skills.

#### The Day's Agenda

- 9:30 Check-in
- 10:00 Welcome: Kathleen Doty, AAUW CA President
- 10:15 AAUW Leadership Programs: Deepti Gudipati and Erica Stout, AAUW National
- 11:10 Workshops
- 12:15 Luncheon and Plenary: Four Steps to Inspire (Leadership Panel)
- 1:40 Workshops
- 2:40 Workshops
- 3:30 Day Ends

If you're interested in attending, we can try to arrange carpools. Please contact Cindy Alpert at if you plan to attend.

San Ramon AAUW Fundraiser
"Tips for Change"
Gianni's Italian Bistro
2065 San Ramon Valley Blvd., San Ramon



Save the Date!

Monday, April 20
Enjoy a delicious no-host dinner knowing your tip will support a great cause!

#### **Volunteer Servers Needed!**

We need <u>seven</u> reliable, able-bodied volunteers who are at least 21 years of age to be servers for the evening of April 20. All tips earned will be donated to our branch. If you are interested in volunteering, please contact Fran Bartholomew.

To contibute your tip to San Ramon AAUW, dine at Gianni's on the evening of April 20. You can make a reservation by going to opentable.com or calling Gianni's Italian Bistro directly at 925-820-6969.

Jeanne Benedetti and Debra Marconi, Tech Trek Co-Chairs, and their committee are organizing this fundraiser.

#### **Interest Groups**

## LUNCH BUNCH First Tuesday

Tuesday, March 3; 11:30 AM

Join us for a delicious lunch and lively conversation at Chow Danville 838-4510 445 Railroad Avenue, Danville Notify Marsha by the previous Sunday (February 1) if you

will attend the lunch. There is a parking lot behind the restaurant. If you'd like to join our group, contact Marsha Froines

## CHINESE MAH JONG First Tuesday and Third Thursday

Tuesday, March 3; 7:00 PM Hostess: Pauline Nolte

Thursday, March 19; 7:00 PM

Hostess: Chris White

Please RSVP to the hostess. If you have questions about this group, contacts Beth Allen

GAME NIGHT First Saturday of Month Saturday, March 7; 7:30 PM Hostess: Fran Bartholomew

Please call or e-mail Fran to let her know if you will be able to join us.

Questions? Contact Lucy Weed.



#### **Interest Groups**

## THE DAYTIME BOOKIES Second Monday

Monday, March 9; 1:00-3:00 PM

We will be discussing *Perla* by Carolina de Robertis at the home of Chris White.

Please contact Chris if you plan to attend. For additional information, contact: Sandie Alex

#### **WALKING GROUP**

#### Saturday, March 14; 9:00 AM

Meet at the Bollinger Park and Ride at 9:00 AM to carpool to Tilden Park in Berkeley for a moderate, 3.5-mile walk. Estimated time of return is 12:30. Let us know you're coming, and we will wait for you.

Diane Griffiths Lois Kamoroff

#### THIRD TUESDAY BRIDGE

Tuesday, March 17; 7:00-10:00 PM

Hostess: Carolyn Fishel

RSVP required: Contact hostess as soon as possible to let

hostess know if you are playing or not.

If you have questions or would like to join this group,

please contact: Chris White

## READING SOCIETY Third Monday

Monday, March 16; 7:00 PM

Diane Griffiths will review *People of the Book*, by Geraldine Brooks, at the home of Claire Mailhiot

If you have questions about this group, contact: Cheri Ng



#### **Interest Groups**

#### **FOURTH FRIDAY FLICKS**

Friday, March 27

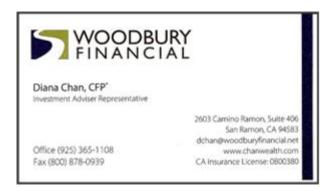
Mary Venkat is the Organizer for March.

Watch your email for location, and time of movie. Contact the Monthly Organizer if you are interested in joining us.

On the Fourth Friday of each month, members of this group meet at a theater—location and time to be announced via e-mail—to enjoy a movie picked by the Monthly Organizer. The Organizer changes monthly and will be a volunteer from members of the group.

If you would like to receive these e-mails, please contact: Chris White







#### **Interest Groups**

#### TRAVEL GROUP

The date for our April program has been changed. We will meet on April 25 instead of April 18.

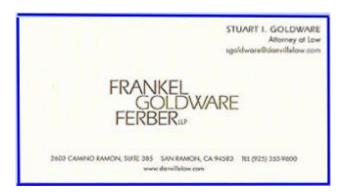
#### Save the Date: April 25, 2015

Renae and Steve Buckser will share information about their recent trip to Cuba.

Travel Group programs are open to AAUW members, their spouses, friends and significant others. We'd love to see you at our events this year! Because refreshments are served at our events, please respond positively if you will be attending.

Renae Buckser Anne Hayden







#### **MARCH 2014**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 7:00 PM Mah Jong Pauline Nolte Lunch Bunch Marsha Froines	4	5	6	7 9:30 AM D-A-WC AAUW Program Asha Kiran 7:30 PM Game Night Fran Bartholomew
8	9 1:00 PM Daytime Bookies Chris White	10 5:00 PM Board Meeting Cindy Alpert	11	12	13	14 9:00 AM Walking Group Diane Griffiths
15 Newsletter deadline	16 7:00 PM Reading Society Claire Mailhiot	17 7:00 PM Bridge Carolyn Fishel	18 12:30 PM DVC Women's History Month Program Cindy Alpert	19 7:00 PM Mah Jong Chris White	20	21 9:30 AM AAUW Leadership Training Cindy Alpert
22	23	24	25	26 7:00 PM Skin Care Program Margie Goldware	27 Fourth Friday Flicks Mary Venkat	28
29	30	31				

#### SNIPPETS

Marsha and Steve Froines are happy to report that Steve is now home from the hospital after treatment for a low blood sodium level partially caused by a bronchial infection. He is recuperating and feeling better.

If you have a Snippet item (family events, career changes, etc.) that you would like to share with branch members, please contact Marsha Froines at. **This column depends on member contributions**.

#### Save the Dates

Monday, April 20: "Tips for Change" Fundraiser at Gianni's Italian Bistro

Saturday, April 25: San Ramon AAUW Garage Sale Fundraiser at Bollinger Hills Community Garage Sale

Saturday, April 25: Travel Group presents Cuba (Note new date)

Friday, May 1: San Ramon AAUW LAF Fiesta Fundraiser

Sunday & Monday, May 24-25: San Ramon AAUW Ice Cream Sale Fundraiser at San Ramon Art & Wind Festival

June 18-21: AAUW National Convention, San Diego