



THE VIEW

FROM SAN RAMON

Volume 30, Number 5

January 2014

**San Ramon Library Foundation & San Ramon AAUW
Present**

Living Healthy in a Toxic World

Improve Your Home, Health, and Planet—One Room at a Time

Saturday, January 18 at 2:00 PM

**San Ramon Library
100 Montgomery Street, San Ramon**

Featuring Beth Greer, Super Natural Mom®



Beth Greer, healthy home expert and best-selling author of *Super Natural Home*, shares practical, affordable ways to protect your family and eliminate the toxins found in everyday products

**Join us for this free community event
(See page 4 for details)**

AAUW MISSION AND DIVERSITY STATEMENTS

American Association of University Women advances equity for women and girls through advocacy, education, philanthropy, and research. AAUW values and seeks a diverse membership. There shall be no barriers to full participation on the basis of gender, race, creed, age, sexual orientation, national origin, disability or class.

2013–2014 Board

PRESIDENT
Cindy Alpert

IMMEDIATE PAST CO-PRESIDENTS
Stella Hadjimarkos, Betsy Hoffmann

PRESIDENT ELECT
~ **OPEN** ~

CO-VICE PRESIDENTS, PROGRAM
Renaë Buckser, Margie Goldware

CO-VICE PRESIDENTS, MEMBERSHIP
Millie Kessler, Isabel Lau

VICE PRESIDENT, AAUW FUNDS
Jeanne Benedetti

CO-VICE PRESIDENTS, LOCAL SCHOLARSHIP
Julie Gin, Susan Walker-Christensen

RECORDING SECRETARY
Kandy Fitch

VICE PRESIDENT, FINANCE
Claire Mailhiot

AAUW San Ramon Information

Websites:

Branch Website: <http://www.sanramon-ca.aauw.net>

WebMaster: Isabel Lau

Association website: www.aauw.org

CA website: www.aauw-ca.org

Address: San Ramon AAUW
P.O. Box 336, San Ramon, CA 94583

Email: aauwsr@gmail.com

Facebook: San Ramon University Women/AAUW

Appointed Officers & Standing Committees

ART & WIND FESTIVAL CHAIR
Debra Marconi

CORRESPONDING SECRETARY
Lois Kamoroff

HOSPITALITY/FELLOWSHIP COORDINATOR
Betsy Hoffmann

NEWSLETTER
Marsha Froines, Carol Lombardi

PUBLIC POLICY
Susan Beyerle

PUBLICITY
~ **OPEN** ~

LOCAL SCHOLARSHIP COMMITTEE
Sydney Allison, Cindy Alpert, Sally Blackwell,
Pat Campbell, Sally Scholl

TECH TREK COORDINATORS
Marsha Froines
Debra Marconi

TELEPHONE TREE
Renee Coles, Lois Kamoroff

TRANSPORTATION COORDINATOR
~ **OPEN** ~

MORE OPEN POSITIONS:
BYLAWS/BRANCH POLICY
COMMUNITY & INTERNATIONAL
DIVERSITY
EDUCATION REPRESENTATIVE
~ (**Contact Cindy Alpert for information.**) ~

President's Pen

Let's Make 2014 Great!

I hope everyone had a safe, happy, and fun-filled holiday.

First, a big thank you goes to our Local Scholarship committee for their hard work and dedication in putting together the annual Silent Auction & Holiday Boutique Gala. With the support of many businesses in our community, we raised over \$7,000 to fund scholarships for young women in high school and college. The decorations were very festive and the mood was upbeat! Thank you to the members who generously contributed food and drink, too. It was definitely a successful event and fun evening!

I also want to thank those that spent time at Barnes & Noble on December 17 to wrap gifts. The money we raised will go into our general fund to support various programs in our branch. I appreciate those who took the time out of their busy schedules to help at the event.

January will be another busy month for our branch. We will elect the nominating committee early in the month so they can begin their search for members to serve on the 2014–2015 Board of Directors. A number of current officers will fulfill their two-year commitment, so there will be many opportunities for you to help! Serving on the board is a fun way to meet people and a great way to contribute to our growth.

Our program this month will focus on living healthy in a toxic world. We will hear from Beth Greer on ways to create a super natural home environment. The program is jointly sponsored with the San Ramon Library Foundation. Bring a friend or two and spread the word! Please look for the Program article on page 4 for more details.

On January 26, the Contra Costa County Interbranch Council (IBC) of AAUW will sponsor a program on the topic of sexual assault. There will be a video presentation followed by a panel discussion. The purpose of the program is to bring awareness on how to prevent this crime, what influences the increase in sexual assaults, and how you can make a difference to prevent it. The program is open to the public. Please see the article on page 7 for more information.

Thanks again to all who contribute something to our branch to make it a great group of people who help change the lives of girls and women. It takes great teamwork and unselfish giving to make our branch successful.

Happy 2014!

Cindy Alpert
President, San Ramon AAUW

Membership

“The San Ramon Branch of AAUW promotes equity for women and girls through advocacy, education, and scholarships. We build relationships among local women and support our purpose through community engagement, events, activities, and educational programs that enrich our lives.” (Branch Mission Statement)

AAUW has been working to change access and promote equity for women and girls for over 130 years.

With a new year comes renewed hope and anticipation of opportunities and changes we can make in ourselves and in the world around us. What changes are you going to make this year?

The new year offers events and programs that support AAUW's mission. We hope you will plan to join us and remember to bring a friend.

San Ramon AAUW is delighted to report that we have close to 100 women and three men in our branch. Our branch is only as strong as our membership and the participation of each member.

With many active members, we can accomplish so much more. Please continue to help us grow by sharing information about our branch with friends, neighbors, colleagues, and co-workers—and please, invite them to our events.

Membership is open to anyone who has earned at least a two-year college degree and is supportive of our mission. **You need not be a member to attend a program.**

A big thank you goes to our super gift wrappers who gave up three hours on December 17 to wrap gifts at Barnes & Noble in Dublin: Cindy Ferrin, Julie Gin, Anne Hayden, Millie Kessler, Claire Mailhot, and Susan Walker-Christensen.

Millie Kessler and Isabel Lau,
Co-Vice Presidents, Membership

Happy January Birthdays

| | |
|--------------------|------|
| Arlene Chang | 1/01 |
| Linda Mendonsa | 1/14 |
| Stella Hadjimarkos | 1/16 |

Program

Living Healthy in a Toxic World

**Saturday, January 18
2:00 PM**

**Speaker:
Beth Greer, Super Natural Mom®**



**San Ramon Library
100 Montgomery Street, San Ramon**

Beth Greer, aka Super Natural Mom®, is an award-winning journalist, green holistic health educator, healthy home expert, and impassioned champion of toxin-free living. She's also a *Huffington Post* columnist, radio talk show host, and trusted consumer advocate who is leading a movement of awareness and responsibility about healthy home, school, and work environments.

Her best-selling book, *Super Natural Home: Improve Your Health, Home and Planet—One Room at a Time* (Rodale) is a Books for a Better Life Award Finalist and is endorsed by Deepak Chopra, Ralph Nader, Peter Coyote, Dr. Joseph Mercola, and others. It shows how everyday items like food, beauty products, household cleaners, bedding, and electronic equipment are making us sick. It offers a tried and true program of scientifically validated principles, strategies, and resources that will enhance your health and well-being.



Formerly president of The Learning Annex, a nationally renowned private alternative adult education company, Beth has empowered thousands to discover new possibilities and make changes in their lives.

Coming in February

Saturday, February 8

Volunteer at the She's All That Conference, to be held at San Ramon Valley High School in Danville. This fun and educational conference for middle school girls is sponsored every year by the Soroptomists, who rely on volunteers from groups like AAUW to help them.

**Thursday, February 13
7:00 PM**

**San Ramon Library
100 Montgomery Street, San Ramon**

Listen to Kathy Napoli, dietician and holistic nutritionist, talk to us about building and maintaining strong bones.

Margie Goldware
Co-Vice President, Program with Renae Buckser

**Danville-Alamo-Walnut Creek Branch
Presents**

Homicides, Drugs, and Gangs

Thursday, January 30; 11:00 AM

**Diablo Country Club
1700 Clubhouse Road, Diablo**

**Featured Speaker: Mary Knox,
Deputy District Attorney,
Contra Costa County**

Cost: \$29

**Three-Course Lunch Served
RSVP by January 19**

Open to the Public

Ms. Knox has worked in the county prosecution field for 28 years. She has received numerous awards and recognitions, including Prosecutor of the Year from the Narcotics Officers' Association in 2003. Ms. Knox has handled misdemeanor trials, felony trial teams, sexual assault cases, major vendor narcotics prosecution, and gang homicide. She currently supervises the homicide unit.

Mail checks in the amount of \$29 per person to DAW-AAUW, PO Box 996, Alamo, CA, 94507 or reserve by credit card at <http://daw-ca.aauw.net/jan2014/> no later than January 19.

For more information, e-mail daw.aauw@gmail.com.

Submitted by Tena Gallagher, Publicity

Money Matters



Welcome to the New Year! January is officially Financial Wellness month and a great time to take stock of what you have and how you are doing financially. One of my rituals each New Year is to make up a balance sheet of our investments and how much we saved the previous year to measure how we are doing toward our goals.

What would you like to accomplish in 2014?

- If you overspent during the holidays, you are not alone. However, this is a new year and you can start new habits. Set a goal to live on less than you earn so you can create a more secure future. One way to do this is to pay yourself first. You can easily set up automatic savings deposits from your checking account into less accessible accounts.
- Are you saving enough toward your retirement? Most Americans are woefully short on replacing their paychecks in retirement. Measure how you are doing toward your retirement goal. You can Google “retirement calculator” and get over 33,000 choices. If you aren’t the do-it-yourself type, hire a CERTIFIED FINANCIAL PLANNER™ professional or other qualified financial professional to help you with this critical calculation. Most people spend more time planning their vacation each year than planning for retirement; don’t be one of them.
- If you are already retired, are you on track to stay retired with the same standard of living? Inflation is currently low, but it marches on every year, eating away at your ability to pay the bills. A first-class stamp is now 46 cents. Ten years ago, it was 37 cents, 20 years ago it was 29 cents, and 30 years ago it was 20 cents. That is about a 3 percent inflation rate per year. Health and education costs have far outpaced the stamp’s price hikes.
- Do you know where your money goes? If you don’t know where it flows, this is an opportunity to see if your spending matches your goals and values. I encourage you to fill out a spreadsheet to track your spending. My clients that have gone through this exercise are always surprised at where their money is going. If you would like a sample spreadsheet, please let me know and I’d be happy to e-mail one to you.

- Have you done your estate planning? There are documents that you should have, both for while you are living and for once you have passed on. Do you need the name of local attorneys to get started? Let me know and I can forward you a list. I can also forward a great two-page summary of key estate planning documents you need.
- Are your investments all over the place? Are you really sure what they are doing? You have worked very hard for the money you have saved. Take some time to check up on it. Make sure it is working hard for you!

Choose one of the options above, or one of your own, and set aside the time to handle it, because Money Matters ☺!

Please email your financial questions to me at diane@oaktreewealth.com. Your personal information will be kept confidential. Would you like to learn

more? Like us on Facebook by clicking here: . Visit our website at www.oaktreewealth.com.

Diane L. Woodward, CFP®, RICP®

Diane Woodward is a registered representative with and securities and advisory services offered through LPL Financial, a Registered Investment Advisor, Member FINRA/SIPC
www.finra.org www.sipc.org

If You Hate to Drive after Dark

or you need a ride to an AAUW meeting or event for any other reason, contact our Caring, Creative Carpool Coordinator for help arranging it!

Marsha Froines

Public Policy

113th Congress on Track to Be the Least Productive in Modern History, But on a More Positive Note...

Congress has passed 52 public laws since January, with only 44 of those being "substantive" according to calculations by the Pew Research Center. This number is compared to the average of 70 substantive bills usually passed in Congresses between 1999 and 2012. On the plus side, the fact that the House of Representatives passed, and that the Senate is expected to also pass, a budget proposal worked out by Sen. Patty Murray (D-WA) and Rep. Paul Ryan (R-WI) means that this is the first time the federal government is heading into a new year without staring into the face of a major fiscal crisis. The two-year bipartisan budget deal (332–94) restores \$32 billion of the total \$74 billion scheduled for cutting in January by sequestration. Social Security, Medicare, and Medicaid benefits were not cut. However, emergency unemployment insurance benefits will not be extended past December 31.

Three Women Join House Democratic Steering & Policy Committee

House Leader Nancy Pelosi (D-CA) announced that Rep. Jan Schakowsky (D-IL), Rep. Terri Sewell (D-AL), and Rep. Judy Chu (D-CA) would take new positions on that influential committee.

U.S. Department of Education Backtracked on Commitment

The U.S. Dept. of Education backtracked on their commitment to require schools to disclose more information about students' civil rights, such as whether schools have Title IX coordinators and how many students were bullied because of their sexual orientation. The requirements will now be delayed until the 2015–2016 school year. AAUW has called for this data to be collected for several years and is disappointed this requirement is being postponed.

FAMILY Act Introduced in Congress

AAUW supports the [Family and Medical Insurance Leave Act \(FAMILY Act\)](#), which would create a national insurance program funded by employee and employer contributions. The FAMILY Act would provide eligible employees with up to 12 weeks of paid leave to care for situations such as their own serious illness; the serious illness of a child, parent, or spouse (including a domestic partner); and the birth or adoption of a child. [Urge your representative to be one of the first ones to co-sponsor the FAMILY Act!](#)

ACA Provision under Challenge SCOTUS to Rule

Under the ACA, certain preventive health care services are covered without a co-pay or cost sharing. Contraception is covered, as are immunizations, annual physicals, and certain screenings. Yet, more than 40 for-profit companies have sued for the right to deny their employees access to this contraceptive coverage, and the Supreme Court has decided to hear and rule on the challenge.

Women's Health Protection Act Introduced in Congress

A coalition of three senators and three representatives introduced the [Women's Health Protection Act of 2013](#) to prohibit states from passing restrictions on reproductive health clinics and other anti-choice laws. AAUW has officially endorsed this legislation and looks forward to working with the bill's sponsors to advocate its passage.

Millennial Women Closest to Pay Parity, But Not for Long

On December 10, Pew published a new [report](#) about gender and the workplace for millennial women. Women ages 25 to 34 have the narrowest gender pay gap—93 percent compared to an average 84 percent for all women workers age 16 and older. This is mainly due to increased educational levels as well as more women participating in the workforce than ever before. But, there are still roadblocks to ending the gender pay gap for millennial women. The report suggests millennial women are less likely to ask for a raise or promotion and cites work/life balance as a factor that will increase the millennial gender pay gap over time.

Majority of Americans Support Minimum Wage Increase

A new Gallup poll shows 76 percent of Americans support increasing the minimum wage. Sen. Tom Harkin (D-IA) and Rep. George Miller (D-CA) introduced legislation earlier this year to gradually raise the minimum wage to \$10.10. Despite widespread public support, the legislation is expected to face stiff opposition in the House, but it could come up for a vote in the Senate before the end of the year. Raising the minimum wage is an important step toward increasing the economic security of working women and their families, and it's a step your members of Congress should take. [Urge your members of Congress to support the Fair Minimum Wage Act \(H.R. 1010/S. 460\) today](#)

(Continued on next page)

2014 Women's Policy Summit: Advancing Women's Health, Wealth, and Power

The Women's Policy Summit to advance women's health, wealth and power happens on Thursday, January 16, 2014 at the Sacramento Convention Center, from 9:00 AM to 4:30 PM. Keynote speaker Sandra Fluke, attorney and social justice advocate, will speak on *Reproductive Rights, Freedom & Justice: A vision for California's Future*.

The Women's Policy Summit is a major policy forum held to help launch the California legislative session with proposals to advance the health, wealth, and power of women and girls in all of their diverse communities. This year's special focus is to ensure that laws supportive of women and girls are translated into programs and practices. Topics include Title IX Implementation; Women and Health Care Reform; Health Disparities & Gender, Paid Family Leave; Constructing a Vision for Child Care and Early Learning in California; and Building Political Power.

AAUW CA is hoping to have between 10 and 20 California branches represented at this policy summit. For more information, contact Cathy Murnighan, Event Coordinator at summit@ccrwf.org or at 916-944-4935, or reach out to Alicia Hetman, AAUW CA President at statepresident@aauw-ca.org.

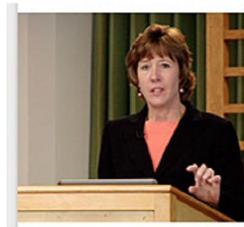
Susan Beyerle, Public Policy Chair

January IBC Program

Sexual Assault: Naming the Unnamed Conspirator

**A film with Anne Munch, J.D.,
followed by a panel discussion**

- **Examine societal attitudes**
- **Gain insight to challenge this "crime like no other"**
- **Learn how you can make a difference**



Ms. Munch has 25 years of experience as a career prosecutor and advocate for victims of domestic violence and sexual assault. She owns Anne Munch Consulting, Inc., which provides training and consulting in sexual assault, domestic violence, and stalking. She directed the Ending Violence Against Women Project, a statewide, multi-disciplinary training and technical assistance project in Colorado, and works extensively in the Sexual Assault Prevention and Response programs for the U.S. Armed Forces.

**Sunday, January 26
1:30–4:00 PM**

**Lafayette Library and Learning Center
3491 Mt. Diablo Blvd., Lafayette**

**Free Open to the Public
Refreshments Served**

Questions? Contact Diane Bell-Rettger.

**Sponsored by the American Association of University
Women (AAUW) of Contra Costa County**



Got Stuff?

**Don't toss it—save it to donate to our April
Garage Sale fundraiser.**



Local Scholarship



Silent Auction Gala & Holiday Boutique A Big Success!

A GREAT BIG THANK YOU to everyone who helped make this year's Silent Auction Gala & Holiday Boutique such a successful and enjoyable event. With your support, we raised **\$7,300**, which will fund \$1,000 scholarships to Cal High seniors, Dougherty Valley High seniors, and Renaissance Scholars at CSU East Bay.

We'd like to thank everyone who donated items for this gala evening and our members, friends, neighbors, colleagues, and family who came and helped make this event so special.

Listed below are local businesses and members that generously donated certificates, gift cards, items, or services. **We encourage our members to patronize the businesses listed below and let them know you are from the San Ramon Branch of AAUW:**

A Sweet Affair Bakery, AAA, Alden Lane Nursery, Amber Bistro—Danville, Amici's East Coast Pizzeria, At Home Décor and Design, Bankhead Theater—Livermore, Bay Books, Black Angus, Blackhawk Auto Museum, Bridges Golf Club, Bridges Restaurant, Buffalo Wild Wings, Cheesecake Factory, Chili's Restaurant, Chow Restaurant & Bar, Chuck E. Cheese, Coco Cabana, Concannon Vineyards, Costco, Country Waffles, Crow Canyon Country Club, CVS, Dairy Queen—San Ramon, Danville Chocolates, Danville Florist Shop, Danville Old Town Bakery, Domenico's Deli, Dublin Iceland, Earl Anthony's Dublin Bowl, Eddie Papa's Restaurant, El Charro Restaurant—Livermore, English Rose Tea House, Fat Maddie's Grill, Ferrari Italian Cucina, Fidelity Investment, Firehouse 37, Fitness 19, Forbes Mill Steakhouse, Frankie, Johnny & Luigi Too!, Home Depot, Hopyard Alehouse and Grill, Hung's Kitchen, Hyatt House, J. Hettinger Interiors, John Youngblood, Jules (Pizza), June Bug's Bakery, Kentucky Fried Chicken, Koi Palace, Linda Yoshizawa (local monotype print artist), Los Panchos Restaurant, Luna Loca Mexican

Restaurant, Lunardi's Market, Ma Jolie Salon, Marriott Hotel, Max's Diner, McDonald's, Mimi's Café, Nation's, Navlet's Nursery, New Danville Bowl, Nob Hill Foods, Noland's Bakery, Nothing Bundt Cakes, Oksana Elegant Grooming, Omnibus Organizing (Joy Perkins, owner), Orient Express, P. F. Chang's, Patricia Leong (local attorney), Patxi's Pizza, Peet's Coffee & Tea, Peking Delight, Petco, Pete's Brass Rail and Car Wash, Piatti's Restaurant, Primo's Pizza and Pasta, Rakestraw Books, Richards Crafts, Role Players Ensemble Theatre, Ruggie's, Shampooches, Sideboard Coffee House, Sonny Kim (golf professional), Stan Luguero Golf Pro at Tri-Valley Golf Center, Starbucks, Subway, Sweet Tomatoes, Tai's Patisserie, Tassajara Nursery, The Brass Door, Three Brothers from China, Trader Joe's, The UPS Store (at the Plaza at Gale Ranch), WalMart Neighborhood Market, and Whole Foods.

Many AAUW members helped make this event a big success. We thank our member vendors Sydney Allison, Victoria Bissell, Laurie Dennen, and Linda Yoshizawa; all the interest groups that donated the beautiful theme baskets; Marsha Froines for creating the flyer for our event and sending out a timely reminder to our members; Betsy Hoffmann for staffing the hospitality table; and Lucy Weed for printing our bid sheets.

In addition, we want to extend special thanks to the following members and spouses for their auction donations and help: Sandie Alex, Beth Allen, Barry Campbell, Chuck Christensen, Anna Fehrenbach, Kandy Fitch, Marsha Froines, Ralph Gin, Margie Goldware, Diane Griffiths, Anne Hayden, Sherri Hedman, Isabel Lau, Leslie Lipp, Claire Mailhiot, Debbie Marconi, Carol Rowley, Sally Scholl, and Lucy Weed.

Julie Gin & Susan Walker-Christensen,
Local Scholarship Co-Vice Presidents
Committee Members: Sydney Allison, Sally Blackwell, Pat Campbell, Stephanie Gooch, Millie Kessler, Pauline Nolte, and Sally Scholl

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Specializing in Women in Transition

CA Insurance Lic#0785820. Diane Woodward is a Registered Representative with and securities and financial planning offered through LPL Financial, a Registered Investment Advisor, Member FINRA/SIPC.

AAUW Funds



Legal Advocacy Fund

Supreme Court Refuses to Stay Texas Law Limiting Access to Reproductive Health Care

In November, the U.S. Supreme Court refused to stay the implementation of a Texas law that imposes severe restrictions on abortion providers while an appeal is pending. Among provisions of the law, any doctor who performs abortions is required to have patient admitting privileges to a local hospital. Pro-choice groups challenging the law argued that this would severely limit the number of doctors who can perform abortions in the state without enhancing patient safety.

The district court had declared the provision unconstitutional, and the state appealed. The U.S. 5th Circuit Court of Appeals immediately suspended the district court's ruling, allowing the law to go into effect. Pro-choice advocates asked the Supreme Court to stay the law while the appeal is pending, but the Supreme Court refused. As a result, the law will be in effect at least until the appeals court issues a final ruling sometime next year.

Supreme Court Will Hear Contraceptive Coverage Cases

The U.S. Supreme Court has agreed to hear, simultaneously, appeals in two lawsuits brought by business owners who challenged the provision of the Affordable Care Act's requirement that all employers include contraceptive care in their health plans. The business owners argue that because they are religiously opposed to the use of contraception, they should not be required to offer employee insurance plans that cover contraceptive care. In *Sebelius v. Hobby Lobby Stores*, Hobby Lobby bases their challenge on the Religious Freedom Restoration Act, and in *Conestoga Wood Specialties Corp. v. Sebelius*, the plaintiff relies additionally on the First Amendment's protection for religious freedom.

Please consider making a tax-deductible donation to LAF to help balance the scales of justice for women.

Jeanne Benedetti
Vice President, AAUW Funds

Tech Trek



The Tech Trek committee has geared up for the 2013–2014 year and is currently awaiting receipt of the student recommendations from the middle school math, science, and technology teachers in January so that we can move forward with obtaining the students' applications. We anticipate receiving applications from all four San Ramon middle schools this year.

We are still hoping to raise enough money to send six girls to Tech Trek camp at Sonoma State University next June.

If you were able to attend our brunch last September and were impressed by the enthusiasm of last summer's campers, please consider making a tax-deductible donation to Tech Trek as soon as possible. Although the camp is in June, our branch has to pay the tuition for our campers by March 1. For those of you able and willing to help the San Ramon AAUW Tech Trek cause, donation checks should be made out to AAUW-CA Special Projects Fund with Tech Trek noted in the Memo line of your check. You can mail the check to San Ramon AAUW, P.O. Box 336, San Ramon, CA 94583 or bring it to our January program on January 18.

Thank you for considering a donation to Tech Trek. We will keep you advised of our progress in future newsletters.

Marsha Froines and Debra Marconi,
Tech Trek Co-Coordinator

A business card for K-9-KAMP, a dog walking and boarding service. The card features a blue background with a green grassy field at the bottom where several dogs are playing. The text on the card includes the company name, slogan, services offered, contact information for Neal Sirota, and website and email addresses.

K-9-KAMP Dog Walking and Boarding Service
"It's A Walk In The Park"
On or Off Leash Group Walks,
Solo Walks, Home Boarding.
With us, Your Dog is "Family"
Neal Sirota
925-819-0059
Web : www.k-9-kamp.com
E-Mail : k9kamp@rocketmail.com

Interest Groups

GAME NIGHT

First Saturday of Month

Saturday, January 4; 7:30 PM

Hostess: Joy Perkins

If you want to play or if you can host, contact
Lucy Weed

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LUNCH BUNCH

First Tuesday

Tuesday, January 7; 11:30 AM

This month, join us for lunch and conversation at

The Brass Door 837-2501

2154 San Ramon Valley Blvd., San Ramon

The Brass Door is located on the right (east) side of SRVB a little past Fostoria Way if you're driving north. Their parking lot is small, so consider carpooling. Please contact Marsha to RSVP by Sunday, January 5. If you aren't on the e-mail reminder list but want to be, also contact Marsha Froines

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CHINESE MAH JONG

First Tuesday and Third Thursday

Tuesday, January 7; 7:00 PM

Hostess: Diane Griffiths

****Note Special Date****

Thursday, January 23; 7:00 PM

Hostess: Beth Allen

Please RSVP to the hostess.

If you have questions about this group, contact
Beth Allen

Interest Groups

DAYTIMERS

Thursday, January 9; 8:45 AM–3:30 PM

Join us to visit the Hockney and Bulgari exhibits at the de Young Museum in San Francisco. The Hockney exhibit is HUGE and will take at least 1½ hours to tour. The Bulgari exhibit will take 45 minutes to tour. We'll meet at the CVS Marketplace parking lot at 8:45 AM to carpool. We will drive to San Francisco—drivers are needed—to arrive at 9:45 AM. We'll have 10:00 AM timed entry tickets. We will view the Hockney exhibit first, have lunch, and then visit the Bulgari exhibit. Cost for non-drivers is \$10 (payable to the driver) plus the cost of your lunch. Drivers pay for their own lunch. If you are a Museum Society member, museum admission is free; otherwise the admission cost is \$26 for adults and \$23 for seniors. Anne will coordinate drivers and allocation of free admission tickets. Please read the e-mail sent to Daytimers or call Anne for information before purchasing any ticket. We will return to San Ramon by 3:30 PM. For more information about the exhibits, visit <http://deyoung.famsf.org/>.
Coordinator: Anne Hayden

If you would like to receive Daytimers e-mails, contact
Chris White

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WALKING GROUP

Saturday, January 18; 9:00 AM

Meet at the Bollinger Park and Ride at 9:00 AM to carpool to Quarry Lakes in Fremont for an easy 2.1-mile loop. Let us know you are coming, and we will wait for you. Estimated end of hike: about noon.
Diane Griffiths
Lois Kamoroff



Interest Groups

READING SOCIETY

Third Monday

Monday, January 20; 7:00 PM

Arlene Addison will review *The Awakening* by Kate Chopin.

Hostess: Anne Hayden

Questions? Contact Cheri Ng

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TUESDAY NIGHT BRIDGE

Third Tuesday

Tuesday, January 21, 7:00–10:00 PM

Hostess: Pat Barley

RSVP required! Call hostess as soon as possible to let her know if you are playing or not.

Questions? Contact Chris White

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FOURTH FRIDAY FLICKS

Friday, January 24

Fran Bartholomew is the Organizer. Watch for specific information from her, and contact her if you're interested in joining us.

If you would like to receive FFF e-mails, please contact Chris White



Interest Groups

TRAVEL GROUP

***** Change in Plans *****

Sally Scholl's presentation about her recent trip to Cambodia and Bangkok will take place in February instead of January. We greatly appreciate Sally's flexibility in changing the date. When the exact date is determined, we will send a note out to those on our e-mail list, and the February issue of this newsletter will provide the rest of the information.

Please continue to save the date of **Saturday, April 12** for a great presentation about European river cruises.

Travel Group programs are open to AAUW members, their spouses, friends and significant others. We'd love to see you at our events this year! Because refreshments are served at our events, please respond positively to the event's hostess if you can attend.

Rena Buckser

Anne Hayden

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WANNA GO?

Contact Marsha if you would like to do something with another member of the group. She will e-mail the other members to find out if someone wants to join you.

Marsha Froines

+++++

CORK 'N' FORK

We gather to enjoy good food and good company. If you're interested in participating in or hosting an event, contact

Janice Colby



WOODBURY FINANCIAL

Diana Chan, CFP®
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JANUARY 2014

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|--------------------------------------|--|--|--|
| | | | 1 | 2 | 3 | 4 7:30 PM Game Night Joy Perkins |
| 5 | 6 | 7 11:30 AM Lunch Bunch Marsha Froines | 8 | 9 8:45 AM Daytimers visit de Young Museum Anne Hayden | 10 | 11 |
| | | 7:00 PM Mah Jong Diane Griffiths | | | | |
| 12 | 13 | 14 5:00 PM Board Meeting Cindy Alpert | 15 Newsletter Deadline | 16 | 17 | 18 9:00 AM Walking Group Diane Griffiths |
| | | | | | | 2:00 PM Living Healthy in a Toxic World Program Margie Goldware |
| 19 | 20 7:00 PM Reading Society Anne Hayden | 21 7:00 PM Bridge Pat Barley | 22 | 23 7:00 PM Mah Jong Beth Allen | 24 Fourth Friday Flicks Fran Bartholomew | 25 |
| 26 1:30 PM IBC Program on Sexual Assault Diane Bell- Rettger | 27 | 28 7:00 PM IBC Meeting Cindy Alpert | 29 | 30 11:00 AM D-A-W Branch Program on Homicide, Drugs, & Gangs | 31 | |

SNIPPETS

If you have a Snippet item (family events, career changes, etc.) that you would like to share with branch members, please contact Marsha Froines. **This column depends on member contributions.**

Save the Dates

February date to be announced: Travel Group presents Sally Scholl's trip to Cambodia and Bangkok.

Saturday, February 8: She's All That Conference

Thursday, February 13; 7:00 PM: "Building and Maintaining Strong Bones" Program by Kathy Napoli, dietician and holistic nutritionist

April 11-13: AAUW-CA Convention, Los Angeles

Saturday, April 12; 7:30 PM: Travel Group presents several adventures on European river cruises.